

Where Loving-Kindness Lives

Diversity and Inclusion A Perfect Mix

Peggy Brenner, Northeast Regional Director of Nursing Iain Crichton, Vice President-Mission Support & Spiritual Life



History of organized recreation in long term care



Recreation

Therapeutic recreation

Inclusive recreation









Growing together



Diversity is being invited to the party; inclusion is being asked to dance

Verna Myers, GPSOLOeReports, June 2012, Vol.1, No.11



Not about me without me

How can we learn what our residents want?



Ways to learn

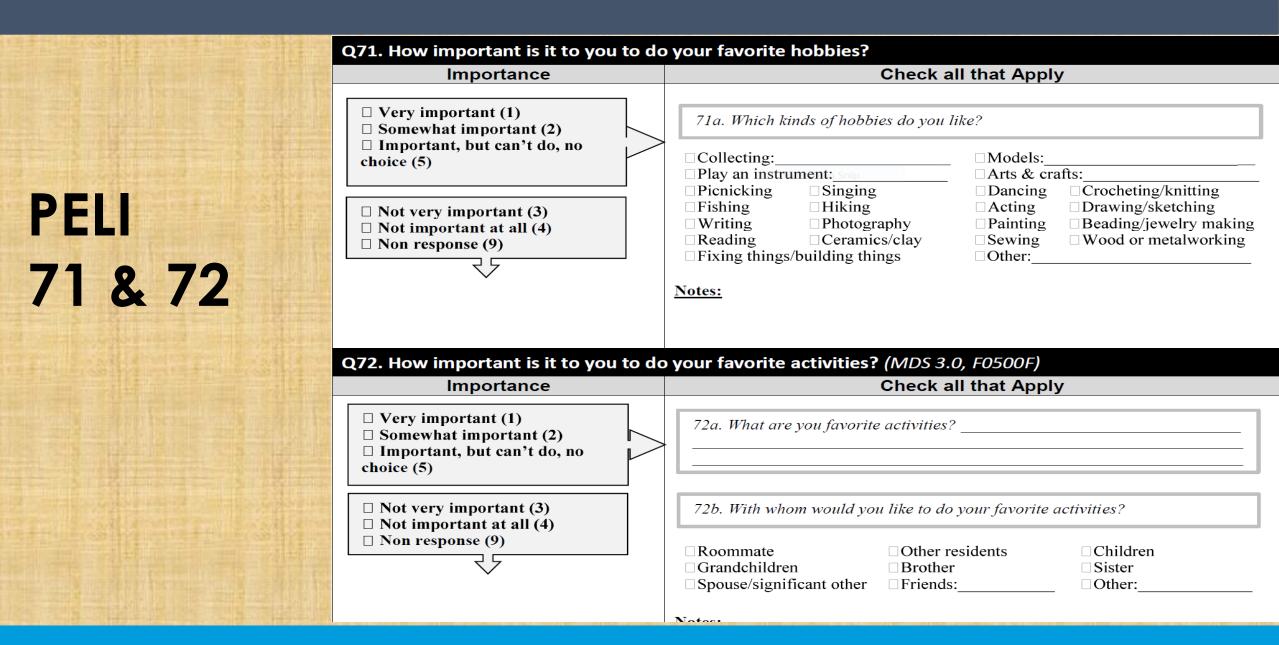
My Story
Family input
Observation
Resident Council
What else?





Preference for Everyday Living Inventory (PELI)

Kimberly Van Haitsma, Ph.D. Associate Professor, Penn State University Director, Program for Person Centered Living Systems of Care





All people need ...

A sense of identity
Connectedness
Security
Meaning





How important is it?

Long-Term Care and a Good Quality of Life: Bringing Them Closer Together Rosalie A. Kane, DSW

The Gerontologist Vol. 41, No. 3, 293–304 2001



11 Essentials for QOL

- Security
- Comfort
- Meaningful activity
- Relationships
- Enjoyment
- Dignity

- Autonomy
- Privacy
- Individuality
- Spiritual well-being
- Functional competence